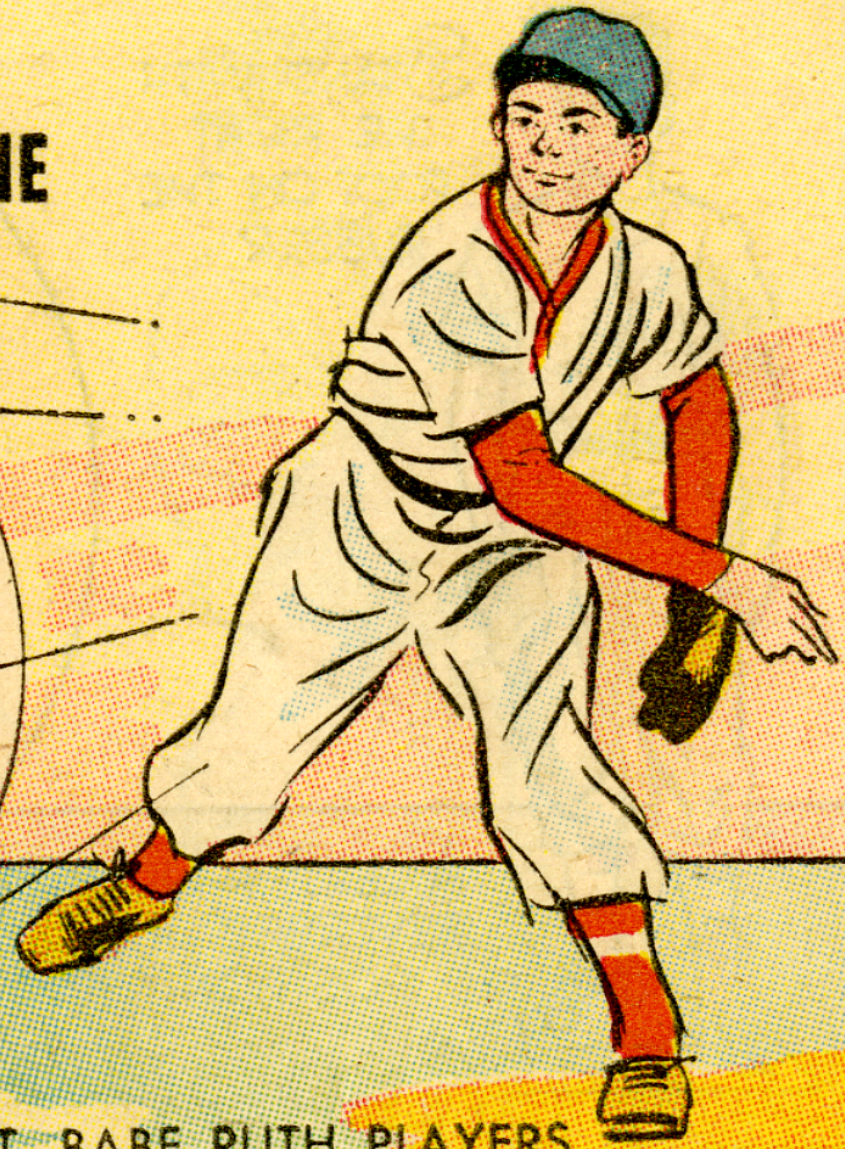
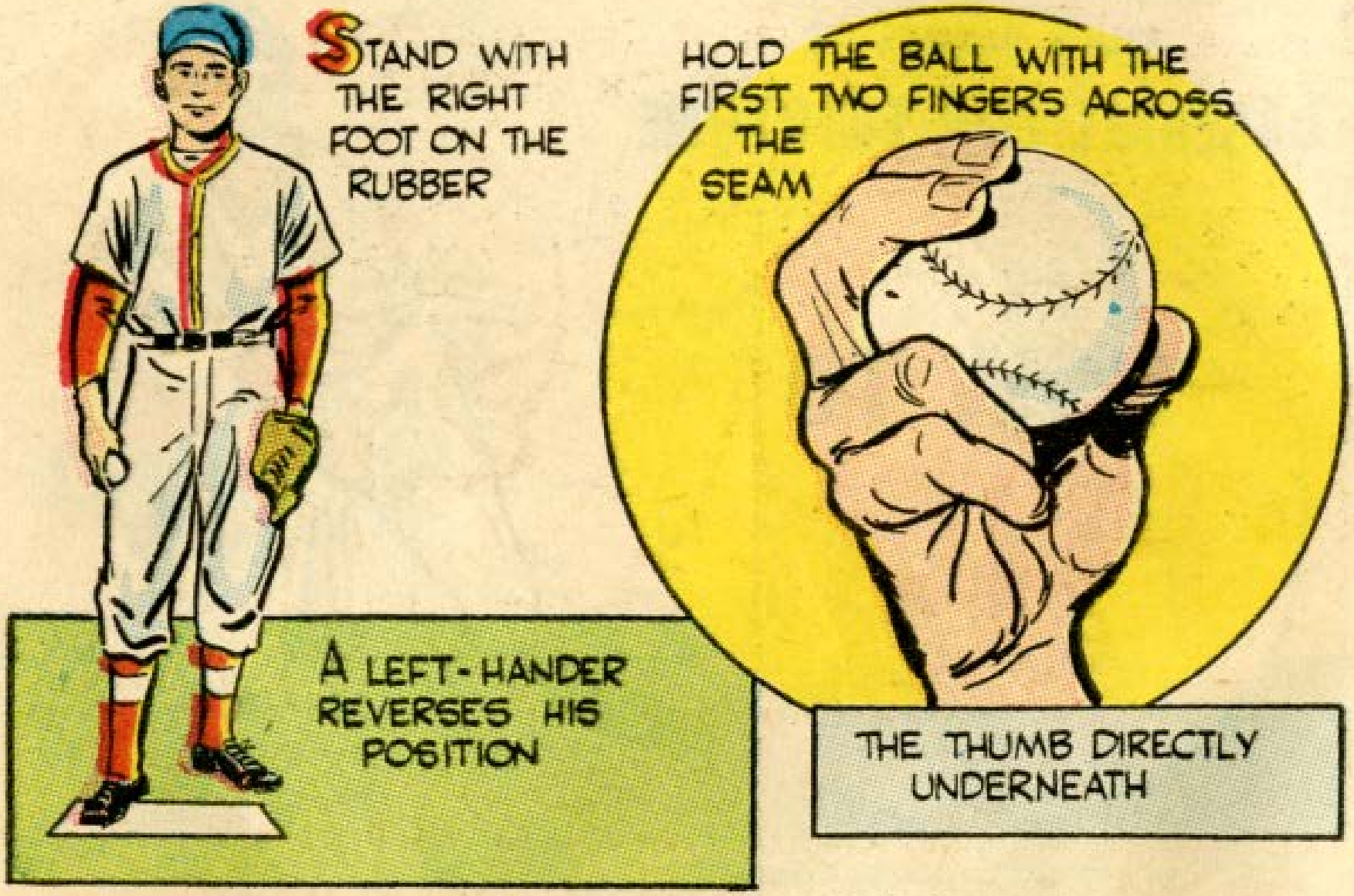
FINER POINTS OF

BASEBALL FOR EVERYONE

HOW TO PITCH



HINTS FOR LITTLE, JUNIOR, MIDGET, BABE RUTH PLAYERS


STAND WITH THE RIGHT FOOT ON THE RUBBER
HOLD THE BALL WITH THE FIRST TWO FINGERS ACROSS THE SEAM
A LEFT-HANDER REVERSES HIS POSITION
THE THUMB DIRECTLY UNDERNEATH

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SWING THE ARMS
WELL BACKWARD...

THEN FORWARD AND
UP ABOVE THE HEAD

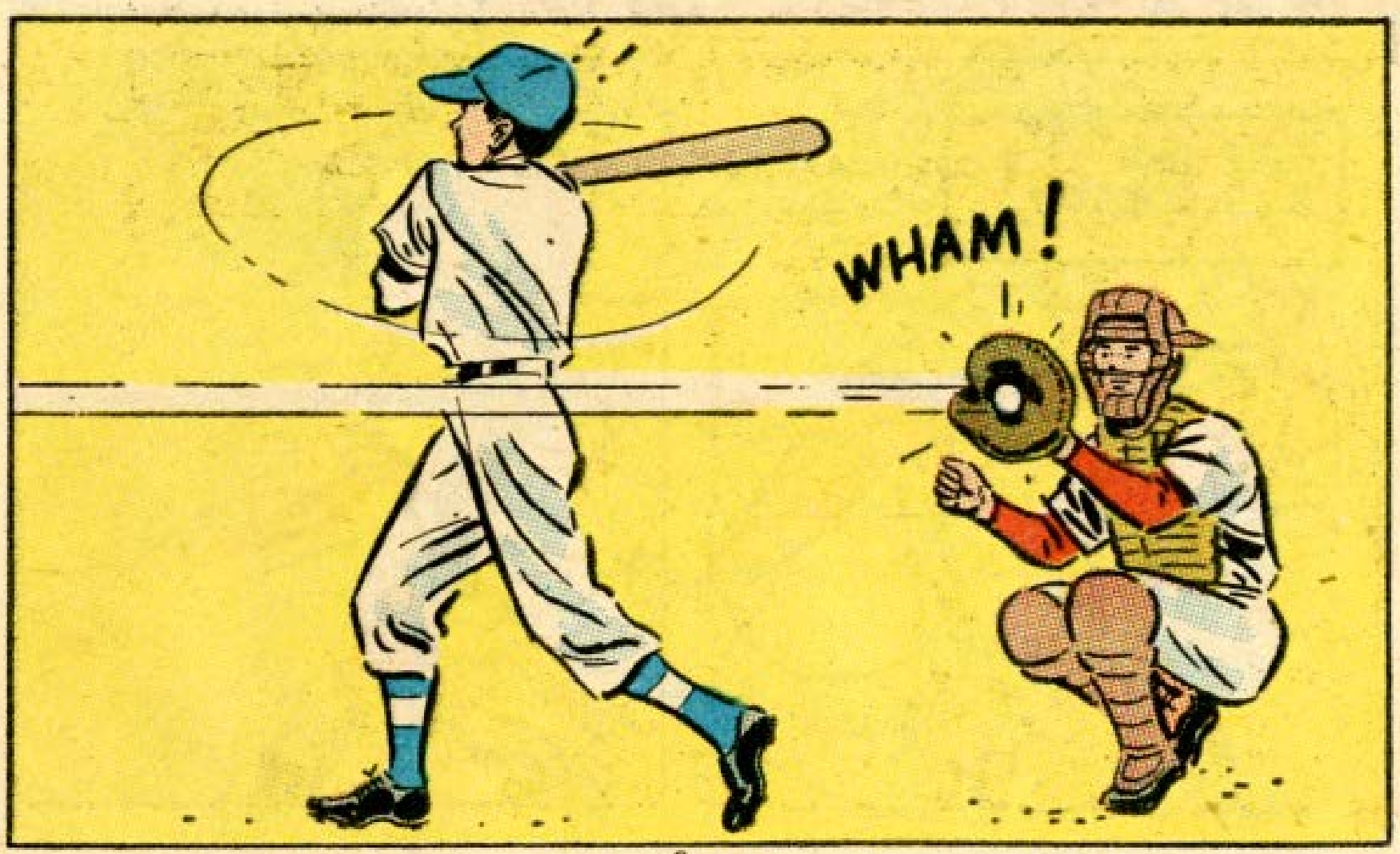
HERE THE RIGHT HAND ADJUSTS ITS GRIP ON THE BALL...
WHILE THE RIGHT FOOT PIVOTS AND THE LEFT COMES UP

THE ENTIRE BODY GOES INTO THE PITCH . . .
STARTING WITH THE LEFT SIDE TOWARD THE PLATE

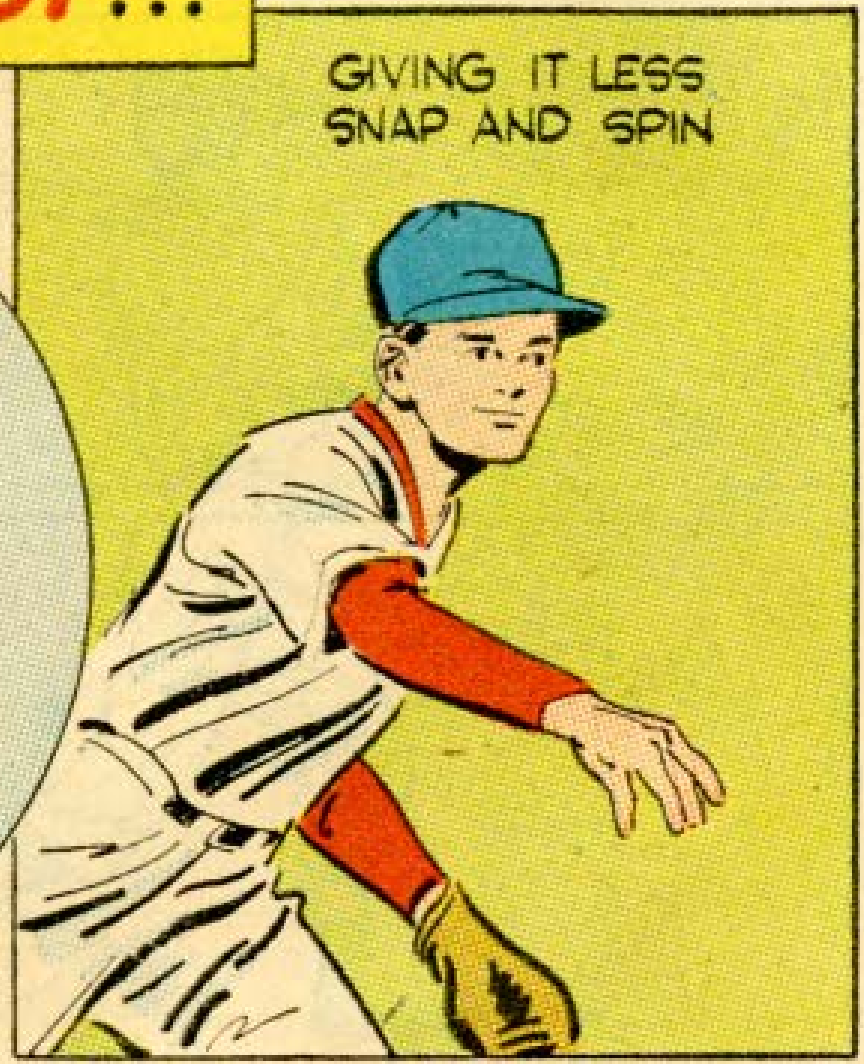
AND CONTINUE WITH THE FOLLOW THROUGH . . .
ENDING WITH THE RIGHT SIDE TOWARD THE PLATE

FOR A FAST BALL..
START WITH THE ELBOW WELL FORWARD AND GRIP BALL TIGHTLY...
RELEASING IT FROM FINGER TIPS AFTER A FORWARD WRIST SNAP

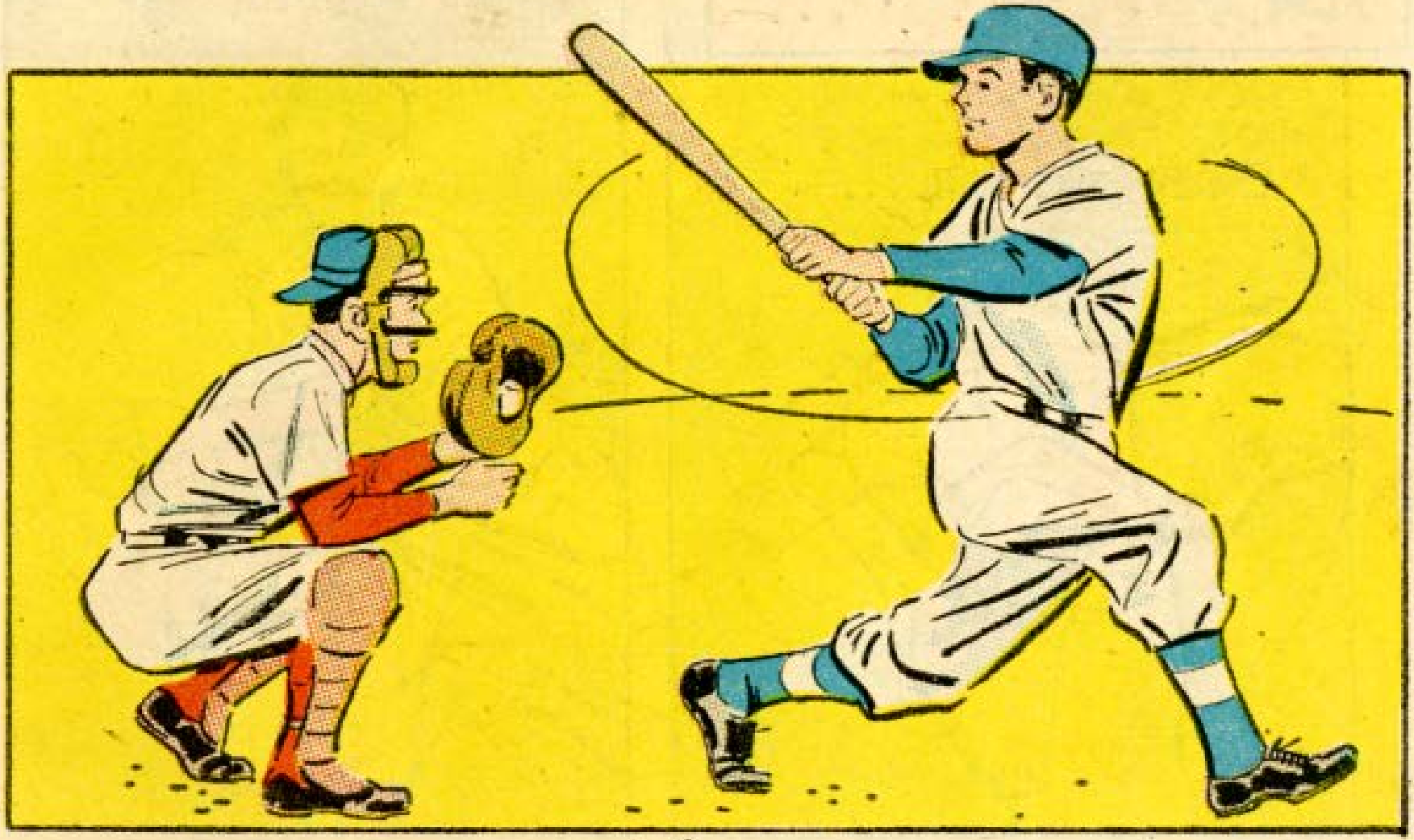
THIS IS THE BALL THAT LEAVES THE BATTER LOOKING!



FOR A CHANGE-UP...



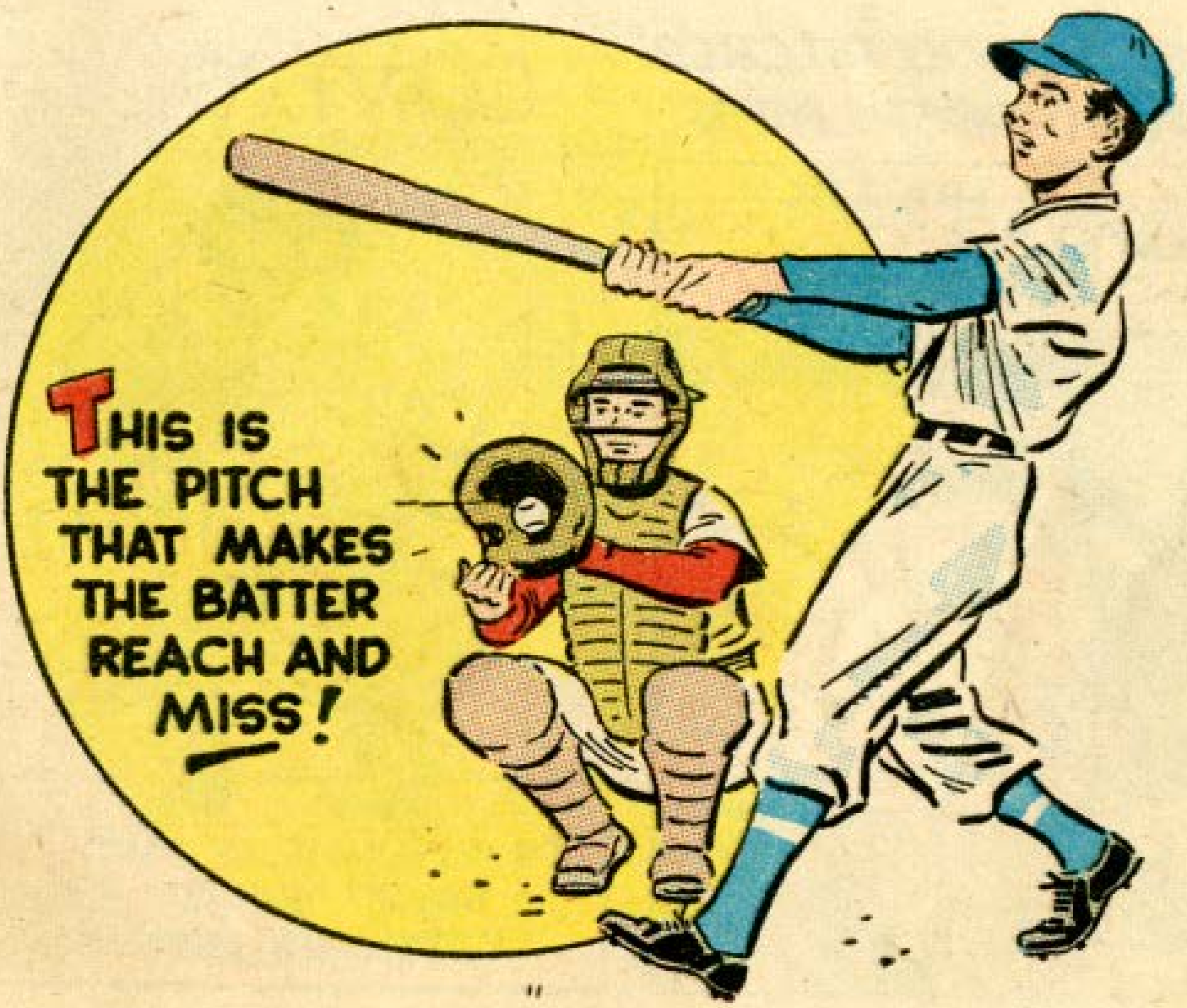
THIS BALL CATCHES THE BATTER OFF HIS SWING!



FOR A CURVE . . .

HOLD FINGERS WIDER AND THUMB FARTHER UNDER THE BALL . . .

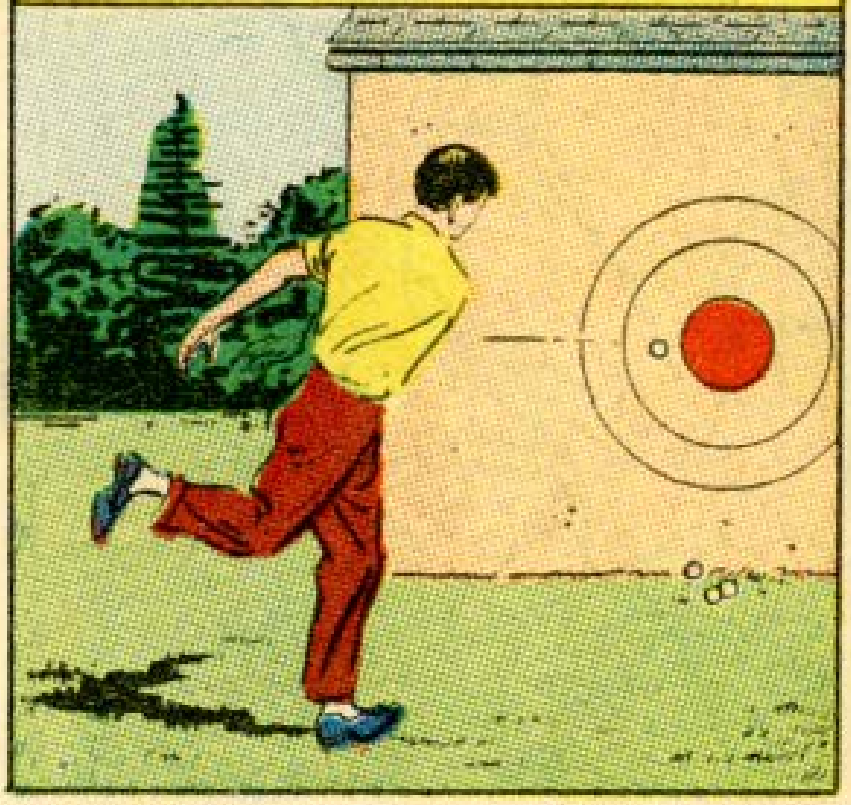
GIVING IT A SIDE SPIN WITH A TWISTY WRIST SNAP

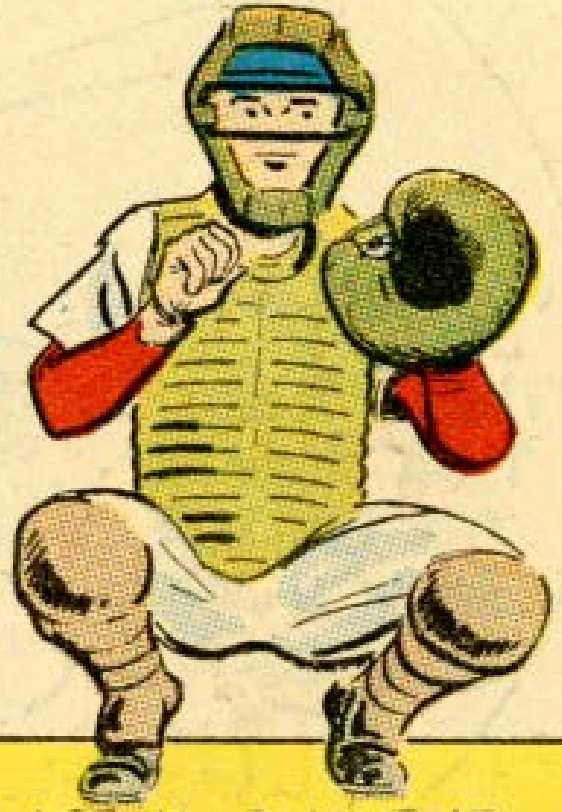

THIS IS THE PITCH THAT MAKES THE BATTER REACH AND MISS!

TO BE A GOOD PITCHER YOU MUST FIRST LEARN

CONTROL

HIS JOB IS TO **HIT THE BULLSEYE** TIME AND AGAIN



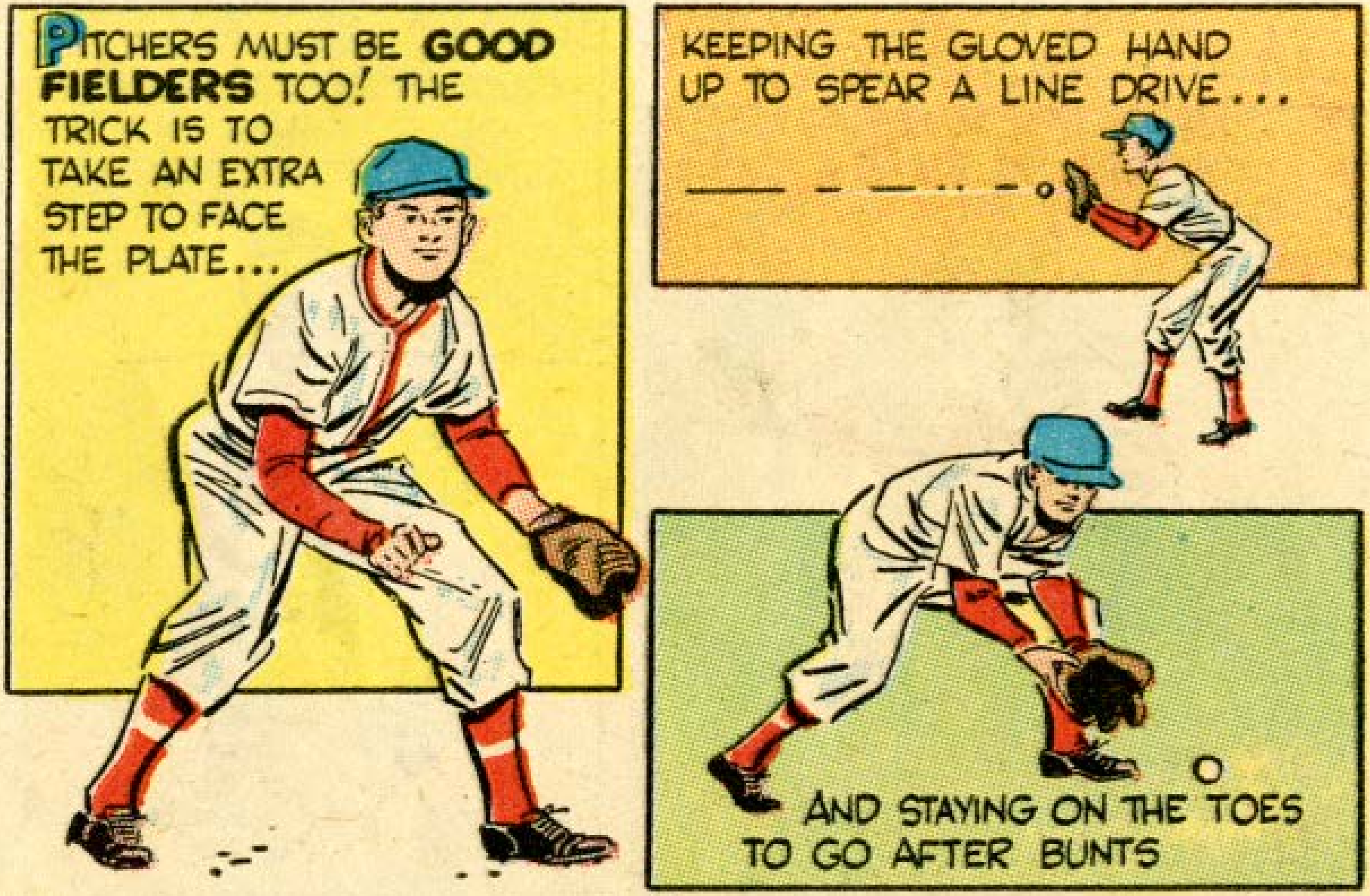


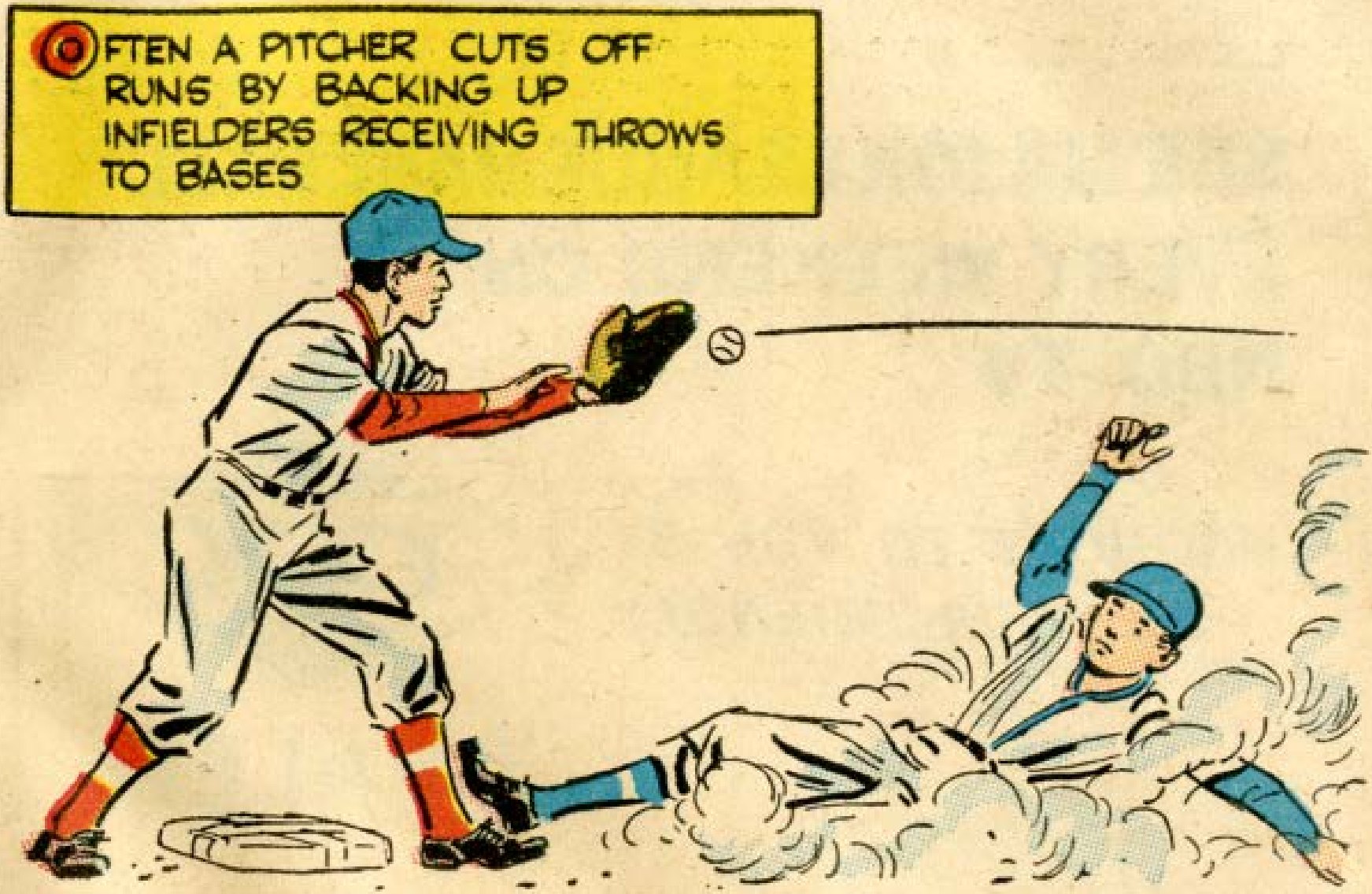
IN ACTUAL PLAY THAT TARGET IS THE **CATCHERS MITT**

WHEN A PITCHER HAS ACQUIRED GOOD CONTROL, HE CAN...

GET A HITTER TO SWING AT A "**WASTE PITCH**" **JUST OUTSIDE** THE STRIKE ZONE...

OR DELIVER A **QUICK PITCH** WITHOUT WIND UP, WHEN RUNNERS ARE ON BASE


PITCHERS MUST BE GOOD FIELDERS TOO! THE TRICK IS TO TAKE AN EXTRA STEP TO FACE THE PLATE...
KEEPING THE GLOVED HAND UP TO SPEAR A LINE DRIVE...
AND STAYING ON THE TOES TO GO AFTER BUNTS


OFTEN A PITCHER CUTS OFF RUNS BY BACKING UP INFIELDERS RECEIVING THROWS TO BASES

SEE MAJOR LEAGUE BASEBALL EVERY WEEKEND ON NBC-TV

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